



# Chaplaincy



## Lent Launch Newsletter



### Reconciliation Service

On **Friday 8th March**, we will be having a Reconciliation Service. A service of Reconciliation can be a special moment in the lives of young people. Father Wilson will be celebrating the service with us and is available for individual confession.

Lent is an especially penitential season, meaning that during Lent we are called to make an extra effort to examine our lives and to strive to live in greater conformity with our faith, to imitate Jesus in a greater way.

*YouCat #239: The Sacrament of Reconciliation is where we celebrate the gift of forgiveness and are forgiven of our sins. It is an opportunity for you to confess your sins to God and become reconciled with God and the Church*

*Romans 8:38-39: God has given us this gift of forgiveness because he loves us so much: "We are forgiven because God loves us. Nothing we do will ever change that"*



### Good Shepherd Appeal

Catholic Care needs your help to reach those in need!

As Catholic Christians we believe that:

"the Church's deepest nature is expressed in her three-fold responsibility: *of proclaiming the Word of God, celebrating the Sacraments, and exercising the Ministry of Charity. These duties presuppose each other and are inseparable.*"

*(Deus Caritas Est §25)*

We live in very challenging times. We are now living through a cost-of-living crisis. Each one of us has seen our food and heating costs spiral. But for many of our neighbours, including families with children, the current financial pressures are pushing them deeper into poverty and they are faced with the stark choices of 'heating or eating'.

Form classes at Holy Family will, throughout the Lenten period, be raising money to donate to the Good Shepherd Appeal for Catholic Care. We would really appreciate bun and cake donations for the following fundraisers.

Dates of fundraisers:

Year 8: Friday 8th March

Year 9: Friday 15th March

Years 10 + 11: Friday 22nd March

Pupils may wish to bring in a small amount of cash to support these fundraisers.

### **CAFOD Lent Fast Day**

**In 2024, Lent Fast Day is Friday 23rd March. Normally, we encourage pupils and staff to order a simple lunch of soup and a roll but this Lent Fast Day we have asked pupils and staff to bring in one long-life food product which will be donated to the local food bank.**



### **Virtue for this term**

This half-term our focus is on the virtues of **'Prayer'** and **'Reflection'**.

We are in the season of Lent so we have started preparing for prayer and self-reflection.





# Chaplaincy



## Lent Launch Newsletter

### Big Lent Walk

**In the last week of this term, we will be doing a Lenten Walk for CAFOD. Pupils and staff will be doing the Big Lent Walk whilst reflecting on the Stations of the Cross. Any donations for CAFOD would be greatly appreciated.**



### Easter Raffle

**There will be two Easter Hampers being raffled this half-term. One for pupils and one for adults. Pupils may wish to bring in a small amount of cash for the pupil hamper raffle tickets!**



### Holy Week

On the last week of term, we will have a KS3 and Ks4 Liturgy. The liturgies will be based around 'Holy week'.



### The Year of Prayer 2024 and The Jubilee Year 2025

In preparation for the **2025** Jubilee Year '**Pilgrims of Hope**', 2024 has been designated a **Year of Prayer** by Pope Francis. There is a particular focus on the Our Father, and this presents us with a great opportunity to go back to the basics of prayer.



Our Father,  
Who art in Heaven,  
hallowed be Thy name;  
Thy Kingdom come,  
Thy will be done  
on earth as it is in Heaven.  
Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.



Catholics are called to reflect on their life of prayer: what they pray, how they pray, and why they pray. This is for two reasons:

- To encourage people to go deeper in their commitment to pray, and in their love of God;
- To think about how they might accompany someone else to pray during the coming Year of Prayer.

### Scripture focus for this term:



*Luke 10:36: 'Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?' He said, "The one who showed him mercy." Jesus said to him, "Go and do likewise."*

**Reflection:** The parable of the Good Samaritan shows us that our communities and relationships are not permanently broken. We can restore them. And it can all begin with reaching out to the other whoever they are, whatever state they are in.