



# Safeguarding



This academic year we will be sending a safeguarding newsletter to parents, carers and students each half term. We hope that this will give you some indication of current safeguarding issues both locally and nationally, and serve to reassure you that the safeguarding of all our students is of the utmost priority. This half term we have some key contacts, advice and information about Online safety, Vaping and Energy Drinks. We will be addressing these important issues with students this half term.

## What do I do if I have a concern about a child ?

Contact one of the safeguarding team in school.

Students have been made aware of how they can raise a concern by speaking to a trusted member of staff.

Where there are **significant, immediate concerns about the safety of a child**, you should contact the police on **999**.

## Meet the Team



## Parents/Carers Learning Programme

Sexual Abuse Learning Programme (Parents Protect)

Parents Protect has developed this online child sexual abuse and exploitation awareness learning programme for parents/carers and professionals to help: • Understand potential risks • Recognise the signs of possible abuse in children • Beware of inappropriate behaviour in adults • Know where to go for help if you have concerns and would like to talk about them.

Click here: [Sexual Abuse Learning Programme - Parents Protect](#)

## More useful contacts

[NYSCP \(safeguardingchildren.co.uk\)](http://safeguardingchildren.co.uk)

[Parents and carers | CEOP Education \(thinkuknow.co.uk\)](http://thinkuknow.co.uk)

[NSPCC | The UK children's charity | NSPCC](#)

[Childline | Childline](#)



# Safeguarding



## ONLINE SAFETY

### **Think before you post**

Don't upload or share anything you wouldn't want your parents, carers, teachers or future employers seeing.

Once you post something, you lose control of it, especially if someone else screenshots or shares it.

### **Think about who you're talking to**

There are lots of ways that people try to trick you into trusting them online.

### **Don't share personal details**

Keep things like your address, phone number, full name, school and date of birth private, and check what people can see in your privacy settings.

### **How much caffeine?**

Large (500ml) energy drink - 160mg

Small (250ml) energy drink - 80mg

Espresso (60ml) - 80mg

Cup of black tea - 50mg

Standard can of cola - 40mg

Small 50g bar of plain chocolate - 25mg

Source:

[European Food Safety Authority](#)



### **Vapes are prohibited items.**

### **If found they will be confiscated and a suspension issued**

Public Health England promotes vaping only as an aid to giving up cigarettes.

It is illegal to sell them to under-18s and illegal for adults to buy them for under-18s (proxy sale)

Dr Mike McKean, from the Royal College of Paediatrics and Child Health, said he was "deeply disturbed" by the rise of vaping in children and young people. He also said, "E-cigarettes remain a relatively new product and their long-term effects are still unknown."

