



Headteacher: Mrs Donna Mitchell

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Friday 11 February 2022

Dear Parents and Carers,
A few updates this week to keep you in the loop!

Children's Mental Health Week 2022

This week we have used the Five Ways to Wellbeing to underpin our activities to support Children's Mental Health Week 2022. This follows the same approach taken for our now embedded termly Wellbeing Days and will be again used throughout Enrichment Week with lots of participation and activity including inter-form sports and tennis at break and lunch.



We have promoted the 'Growing Together' message through our daily collective worship in form time and key stage assemblies. Our student ambassadors also organised and ran a drop-in wellbeing event, supported by the NHS Wellbeing in Mind Team, during break time on Wednesday.

The involvement of all staff and students this week has brought us much closer to achieving our vision for embedding a wellbeing culture. As part of our cultural shift, Mrs Barnes has been seconded to our school and has been working with our Student Wellbeing Ambassadors and other volunteers to develop student voice and enable pupils to be at the forefront of this change.

'You, yourself, as much as anybody in the entire universe, deserve your love and affection.' - Buddha

School Behaviour Policy

Our student council have been reviewing our Behaviour Policy, which students recognised as a strength of our school and were keen to embrace the more positive approach that adopting virtues allows. We have heard from some parents who wish to contribute to this consultation, however, if you would like to do so, or have any suggestions, please email us via: enquiry@holyfamilycarlton.org.

Apprenticeship Week

National Apprenticeship Week 2022 is the 15th annual week-long celebration of apprenticeships. The week aimed to bring together businesses and apprentices across the country to shine a light on the positive impact that apprenticeships make to individuals, businesses and the wider economy.

The theme for National Apprenticeship Week 2022 has been 'build the future'; reflecting on how apprenticeships can help individuals to develop the skills and knowledge required for a rewarding career, and businesses to develop a talented workforce that is equipped with future-ready skills. The Government has produced a [dedicated apprenticeship website](#) with a wide range of information. If you are interested in finding out more about apprenticeships, there are [monthly parent packs](#) including information on the different levels of qualifications, how much apprentices can earn and how to find and apply to apprenticeships

You can also [watch a series of real stories](#) from apprentices and hear how their apprenticeships have shaped their careers and provided valuable hands on experiences as the learn and earn.

The National Apprenticeship Service has also been into school today to speak with our Year 11 students. The team explained how apprenticeships are a real alternative to traditional post-16 education routes and “busted the myth” that apprenticeships are just for low paid and low skilled jobs but that they cover a vast range of careers and can go all the way up to a university degree level. You [can browse the government database](#) for the apprenticeships currently on offer in our area and across the country.

<https://www.apprenticeships.gov.uk/influencers/resources-for-parents>

Year 7 Parents Evening

Thanks to everyone who attended, if you missed an appointment due to technical issues or need more information please do not hesitate to get in touch! enquiry@holymfamilycarlton.org

Y11 – 2022 Exam Information

Teachers have been busy reading all the information that the exam boards have released this week. This will be shared with our students and parents to help them prepare for this year’s exams. Mr Walter will be sending a letter to parents with a summary and links to the relevant information.

It is great to see our students being so proactive to improve their own mental health by being active with organised football and tennis on breaks and at lunchtime. Increasing numbers of students are also taking advantage of the extra-curricular activities after school and accessing our 3 till 5 homework club.

As always, I am a very proud Headteacher!

‘History will judge us by the difference we make in the everyday lives of children.’ Nelson Mandela

Best wishes for a relaxing weekend,

Yours faithfully,



Mrs D. Mitchell
Headteacher

**Reminder: School closes for half term at 3pm next Friday 18/0/22 and will reopen on Monday 28/02/22.
Please note there will be no homework club on Friday 18/02/22**