



Headteacher: Mrs Donna Mitchell

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Friday 14th May 2021

Dear Parents and Carers,

School News and Information

Mental Health Awareness week

As part of mental health awareness week, we would like to signpost you to the wellbeing area on our website,

<http://www.holyfamilycarlton.org/wellbeing/>

We have also attached a flyer from Compass Buzz with details of useful websites and contact details of organisations who can help. As always, please contact us if you have concerns or need support.

After School Sports

Please see the attached flyer for details of our after school sports clubs.

Immunisations

A big thank you to the nurses who came into school on Wednesday. They praised our students and said how lovely they were! #proudheadteacher
Wednesday was International Nurses Day. We thank all nurses for their care and support for everyone in our community.

Environment Ambassadors

It is great to see our students getting in involved in our environment projects!
Recycling using our separate paper and plastic bins.
Gardening & allotment club on Thursdays from 3 till 4
Litter picking on Wednesdays from 3 till 4

Collective Worship – Reflection

Every day, in form classes or in assembly, our staff and students take part in Collective Worship. In this time, they reflect on key themes and liturgical events throughout the year. At the end, everyone is asked to think about what they can do to make a difference. This week, one of the things we asked was to perform an additional act of kindness and to make someone's day a little brighter. Have we all consciously done something this week to brighten someone's day?

'No act of kindness, however small, is ever wasted' - Aesop

CCF – Combined Cadet force Pupils attending cadets have been enjoying a more hands on approach recently. Our new members have been introduced to making bashers/shelters from just one square piece of tarp and some string. They were then treated to exploring the contents of a soldier's 24 hr food ration kit. It was explained that soldiers do not have a choice but will often swap the contents of their packs with other soldiers. The pupils cooked a Moroccan bean stew, tomato pasta which was all washed down with a powdered raspberry drink! See our twitter feed for photographs!

We will be starting the Year 8 recruiting process in the next few weeks, including an opportunity to join a 'taster session'. Information will be sent to parents/carers before half term.

Reminder: Face masks will still be worn in school, up to half term, in line with Public Health advice for this area. Thanks again for your support. Have a lovely weekend.

Yours sincerely,

Mrs D Mitchell, Headteacher

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