



# Holy Family Catholic High School

## Physical Education Department



Summer Sports Club will be held on a Tuesday for Years 7 & 8 with **Mr Wagstaff**.

Rounders, Tennis or Cricket will be on offer.

**Time: 3pm – 4pm**

Athletics Club, with **Miss Schager**, will be held on a Wednesday for all pupils.

Track and Field events such as sprints, middle distance runs, javelin and long jump will be on offer.

Let your PE Teacher know in lessons if you are interested in joining!

**Time: 3pm – 4pm**



Cross Country club is available for all students and staff on a Thursday with **Mr Wadsworth**.

Please bring a water bottle.

If you have watch with a stopwatch feature it will allow you to keep a track of your pace and time.

**Time: 3pm – 4pm**

Our Sports Leaders will be delivering rounders tournaments to local primary schools after half term.

Training for the sports leaders, with Mr Wagstaff, is due to start soon.



# Sports Leaders