

Holy Family Catholic High School

Weekly Bulletin

Great work this week...

3750 GCSE pod casts have been viewed! 448 lessons have been set by teachers using Classcharts!

Well done to everyone who has got themselves into a learning routine. We are very proud of you.

Friday thoughts...

We thank everyone in our community for their support. Our school will continue to be open for our students with EHCPs and the children of key workers who rely on our provision to enable them to continue their vital roles.

We hope things have settled into routines in your homes and we urge you to continue to be creative and to do what is right for your own, and your family's, emotional and mental health. We have heard of lots of activities! Lego construction, exercise and dance workouts, planting vegetables, arts and crafts, 'time-out' hours...

Many of us are aching from all the extra exercise! Keep going, it is good for you.

There are now lots of sites, TV programmes and clips online for meal ideas as you get creative with your store cupboard ingredients.

We have passed on your thanks to our enquiry team for their patience and support in sorting out some technical issues.

We are thankful to all who helped us to send out the free school meal vouchers this week.

If there are any other families in crisis who are struggling to afford food and urgently need help please contact us.

If your child was due to go on a residential trip we have updated you by email. Please check your emails!

A few bits of information for next week...

- ◆ On Monday we normally have a PSHCE lesson (Personal, Social, Health and Citizenship Education). Mrs Selway will be uploading some general resources onto classcharts for 'online safety' and 'mental and physical health'.
- ◆ Our enquiry email will continue to be manned on weekdays from 8.45am to 3pm.
enquiry@holymfamilycarlton.org
- ◆ Mr Walter will be in touch with our Y11 students with updates. We have forwarded our Y11 students a letter from Selby College which reassures them of their places for next year. As other colleges send us information we will pass this on.
- ◆ Staff will continue to set lessons. Please continue to judge and adapt how much your child does each day to fit in with your 'family life'.

Have a good weekend everyone, stay safe and follow the public health advice.

Catholic Life

Catholic life is at the heart of our school. Our students are encouraged to reflect and join in Collective Worship. Here are some links for any families who would like to build this into their week.

Masses, Angelus, Rosary and Stations of the Cross:

<https://www.dioceseofleeds.org.uk/>

<https://www.vaticannews.va/en.html>

Cafod:

<https://cafod.org.uk/Education/Secondary-and-youth-resources/Home-learning-young-people>

<https://cafod.org.uk/content/download/51308/725722/version/4/Your%20weekly%20challenge!.docx>

Follow us on twitter:

@HFCarlton

Top tips for our students..

- Keep a diary, journal or scrapbook of all the great things you are doing. It will be something positive to look back on.
- Plan a healthy balance of school work and other activities.
- Help around the house!
- Keep washing your hands and follow the social distancing advice.
- Teach your younger brothers and sisters. Design some puzzles and games for them.
- Try different foods and be grateful for your meals!
- Log onto unifrog to look at different careers.

"Be watchful, stand firm in the faith. Be strong. Let all that you do be done in love"

Corinthians 16:13-14