

## Information for Parents/Carers

At Holy Family we are proud of our careers programme and believe it provides a wide and varied range of opportunities for your child.

Careers education is embedded throughout the curriculum and students are regularly taught about how their lessons link directly to different career paths. Students also receive dedicated career lessons as part of our PSHCE programme and have 'drop down' sessions lead by external providers.

The table below provides an overview of the careers programme that is available to your child.

<b>Year 7</b>	<b>Year 8</b>	<b>Year 9</b>	<b>Year 10</b>	<b>Year 11</b>
<p>Exploring personal strengths for employment</p> <p>What does success mean to you?</p> <p>Introduction to Unifrog</p>	<p>What are career skills?</p> <p>Building personal skills</p> <p>Understanding behaviours for work</p> <p>Unifrog – Star competencies</p>	<p>Developing leadership and team working skills</p> <p>Building resilience and problem solving</p> <p>Analytical and innovative thinking</p>	<p>Preparing for the workplace</p> <p>My online reputation</p> <p>Internet and email skills</p> <p>Unifrog – Work experience: How to contact employers How to behave in the workplace</p>	<p>Post-16 pathways</p> <p>Covering letters and CV writing</p> <p>Unifrog – Finding the right post-16 course for you</p> <p>Applying to post-16 courses</p> <p>Preparing for interviews</p>

### **Independent Careers Advise**

Students at Holy Family are entitled to a minimum of two career consultations with our independent careers adviser, once in Year 8 and again in Year 11. Additional consultations can be arranged if the student requires them.

Our independent careers adviser is available at parent consultation evenings for Years 8 – 11. You do not need an appointment to see them.

### **Unifrog**

All students have access to an online careers platform called Unifrog. This is a one-stop-shop where students can explore their interests and then find and successfully apply for their best next step after school. It also allows the students to log their achievements and experiences which can be helpful in the future when writing a CV or applying for a course or job.

The website address is [www.unifrog.org](http://www.unifrog.org) The students login with their school email address and the password they created when they first accessed the website.

### **Useful websites**

Below are some website that you may find useful when supporting your child in deciding their next steps after school:

National Careers Service Website <https://nationalcareersservice.direct.gov.uk/>

Careers Advise for Parents Website <https://www.careersadviceforparents.org/>

Your child may be entitled to a 16 to 19 Bursary Fund to help with education-related costs <https://www.gov.uk/1619-bursary-fund>

### **Contact details**

If you wish to discuss your child's careers education or their plans for the future and how we can help support you and your child please do not hesitate to contact myself or your child's Year Leader.

Careers Leader: Mr Devlin. Email: [devlind@holyfamilycarlton.org](mailto:devlind@holyfamilycarlton.org)